



# LABOR ASSOCIATION OF WISCONSIN, INC.

Serving Public Employees Throughout Wisconsin

www.law-inc-wi.com - law@law-inc-wi.com

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"Serving Public Employees  
Throughout Wisconsin"

## MILWAUKEE BREWERS TICKET RAFFLE!

There are two tickets per game. If you are interested in entering the raffle, please mail, email, or fax (see page 2) your name and association name, address, telephone number and 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> game preference to the Germantown office no later than **March 15th**. Winners will be notified on March 22nd. *If more than 3 selections are submitted, your entry will not be entered into the raffle.*

**Section 327, Row 7, Seats 10 & 11**

## BREWER'S RAFFLE GAME DATES

DAY/DATE	TEAM	TIME
Tue, 4/2	Rockies	7:10 p.m.
Wed, 4/3	Rockies	7:10 p.m.
Sat, 4/6	D-backs	6:10 p.m.
Sat, 4/20	Cubs	6:10 p.m.
Mon, 4/29	Pirates	7:10 p.m.
Tue, 4/30	Pirates	7:10 p.m.
Wed, 5/1	Pirates	12:10 p.m.
Fri, 5/3	Cardinals	7:10 p.m.
Tue, 5/7	Rangers	7:10 p.m.
Tue, 5/21	Dodgers	7:10 p.m.
Sat, 5/25	Pirates	3:10 p.m.
Mon, 5/27	Twins	1:10 p.m.
Wed, 6/5	Athletics	1:10 p.m.
Fri, 6/7	Phillies	7:10 p.m.
Sat, 6/22	Braves	TBD
Tue, 6/25	Cubs	7:10 p.m.
Fri, 7/5	Mets	7:10 p.m.
Sat, 7/6	Mets	6:15 p.m.
Mon, 7/8	Reds	7:10 p.m.
Wed, 7/10	Reds	1:10 p.m.
Sat, 7/20	Marlins	6:10 p.m.
Thu, 7/25	Padres	1:10 p.m.
Fri, 8/2	Nationals	7:10 p.m.
Sat, 8/17	Reds	6:10 p.m.

**MORE GAME CHOICES ON PAGE 2** ➡

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**BREWER'S RAFFLE GAME DATES**

DAY/DATE	TEAM	TIME
Mon, 8/19	Cardinals	7:10 p.m.
Wed, 8/21	Cardinals	1:10 p.m.
Sat, 8/31	Angels	6:10 p.m.
Mon, 9/2	Pirates	1:10 p.m.
Tue, 9/3	Pirates	7:10 p.m.
Fri, 9/13	Reds	7:10 p.m.
Sat, 9/14	Reds	12:05 p.m.

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## Federal Court of appeals upholds Gov. Walker's union law

By Jason Stein of the Journal  
Sentinel

Jan. 18, 2013 12:52 p.m.

A federal court of appeals has upheld Gov. Scott Walker's legislation repealing most collective bargaining for most public employees, though a separate case remains ongoing at the state level.

Last year a federal judge in Madison largely upheld the legislation but struck down parts of the legislation dealing with prohibitions on government employers

withholding union dues from workers' payrolls as well as a section requiring labor unions to vote to recertify yearly. The U.S. Seventh Circuit Court of Appeals in Chicago reversed that lower court's ruling in a split decision Friday that upheld the law in its entirety.

"The district court invalidated Act 10's recertification and payroll

deduction provisions, but upheld the statute's limitation on collective bargaining. We now uphold Act 10 in its entirety," the decision reads.

State Attorney General J.B. Van Hollen praised the decision in a statement.

"For nearly two years, those opposing Act 10 have tried every angle to have it struck down and invalidated.

*continued on page 3...*



*Federal court of  
appeals...continued from  
page 2*

Today's decision by the Seventh Circuit confirms what I have stated from the beginning. Act 10 is constitutional," Van Hollen said. "While there are no guarantees, it is my hope that this decision will pave the way for resolving any remaining challenges in a manner that supports the legislative decisions made by our elected officials."

Judge David F. Hamilton dissented in part, saying he believed part of the collective bargaining law violated the First Amendment.

Hamilton argued the state could not bar some unions

from having their dues deducted from paychecks

while it allowed public safety unions to do so.

Hamilton concurred with the rest of the decision.

Voting to uphold the law in its entirety were Judges Joel M. Flaum and William J. Bauer. Flaum wrote the opinion.

A judge in Dane County last year also struck down parts of the union law and that case is on appeal and is not affected by the federal ruling Friday.

A spokesman for Gov. Scott

Walker had no immediate comment.

One attorney for the plaintiffs had no immediate comment Friday, saying she had to look at the decision.

Sen. Luther Olsen (R-Ripon),

*"We knew that this would happen when you get judges that look at the law, not the politics," he said.*

*He said he was hopeful the decision would provide momentum for overturning the Dane County decision that blocks portions of Act 10.*

»

LAW'S DENTAL AND VISION  
INSURANCE RATES FOR  
2013

»

The following information shows the monthly rates for our Vision and Dental Insurance. Rates shown are for our Locals and WPEA members. To view an in-depth benefits schedule, please visit our web site at:

[www.law-inc-wi.com](http://www.law-inc-wi.com)

VISION PLAN - 2013

Single Plan

- \$9.75 per month

Family Plan

- \$22.00 per month

Retiree Single Plan:

- \$10.75 per month

Retiree Family Plan

- \$24.50 per month

DELTA DENTAL PLAN - 2013

Single Plan

- \$40.00 per month

Family Plan

- \$104.00 per month

Monthly premium coupons to mail along with your payments for both dental and vision insurance can be found on our web site.

»

**Voluntary Accident Insurance Benefit**

The Labor Association of Wisconsin (LAW, Inc) is now offering a Voluntary Accident Insurance Benefit to all LAW, Inc & Wisconsin Public Employees Association (WPEA) members. This valuable coverage pays a cash benefit directly to you for an accidental injury, which takes place either on or off the job. The coverage is equivalent to AFLAC accident insurance but with more competitive premiums.

For more information, visit our web site at [www.law-inc-wi.com](http://www.law-inc-wi.com) and click on the "Accident Insurance" tab.



## WISCONSIN PENSION SYSTEM RATED NATION'S STRONGEST

A study released the last week in November, 2012 by the investment research firm Morningstar, Inc., concluded that Wisconsin has the strongest pension fund among all the states. Wisconsin led nationally by having the highest ratio of fund assets compared to liabilities. With a ratio of 99.8%, Wisconsin was one of just 7 states in 2011 to surpass the 90% level. In addition, Wisconsin had the lowest unfunded liability per capita, of \$23 per state resident — far below the \$160 per resident in Washington State, which was second lowest.

This post could be considered old news, considering that Wisconsin has ranked first or second for a number of years in the fiscal health of the pension fund for public sector employees. Despite that, the Morningstar report is worth noting, since we often hear about fiscal practices in our state that are considerably less positive. With that in mind, it's worth celebrating the fact that one of the state's longstanding fiscal practices has made Wisconsin a national leader.

Morningstar set 70% as the minimum level for a "fiscally sound" pension system. Its report found that following the recession and its reduction of pension assets, there are 21 states with funding ratios below the 70% standard. The three lowest ratios are:

Illinois (43.4%)  
Kentucky (50.5%)  
Connecticut (53.4%).

### *"Sign, sign, everywhere a sign..."*

At an optometrist's office: If you don't see what you're looking for, you've come to the right place.  
In a farmer's field: The farmer allows walkers to cross the field for free, but be aware that the bull charges.

In a hotel during a conference: For anyone who has children and doesn't know it, there is day care on the first floor.

In a Los Angeles dance hall: Good clean dancing every night but Sunday.

In a Maine restaurant: Open seven days a week and weekends.

In a New York medical building: Mental Health Prevention Center

In a New York restaurant: Customers who find our waitresses rude ought to see the manager.

In a non-smoking area: If we see smoke, we will assume you are on fire and take appropriate action.

In an office building washroom: Toilet out of order. Please use floor below.

In an office: After the tea break, staff should empty the teapot and stand upside down on the draining board.

*Special Days ...*



*February 14*

*Happy St.  
Patrick's Day*



*Happy Easter*

*Happy Spring!*



## DED QUIZ!

I know I hate those words too. Actually, this is a fun quiz - a quiz for people who know everything or at least think they do! These are not trick questions. They are straight questions with straight answers. The answers are at the bottom of the page. Here we go....

1. Name the one sport in which neither the spectators nor the participants know the score or the leader until the contest ends.
2. What famous North American landmark is constantly moving backward?
3. Of all vegetables, only two can live to produce on their own for several growing seasons. All other vegetables must be replanted every year. What are the only two perennial vegetables?
4. What fruit has its seeds on the outside?
5. In many liquor stores, you can buy pear brandy, with a real pear inside the bottle. The pear is whole and ripe, and the bottle is genuine; it hasn't been cut in any way. How did the pear get inside the bottle?
6. Only three words in standard English begin with the letters , ' dw ' and they are all common words. Name two of them.
7. There are 14 punctuation marks in English grammar. Can you name at least half of them?
8. Name the only vegetable or fruit that is never sold frozen, canned, processed, cooked, or in any other form except fresh.
9. Name 6 or more things that you can wear on your feet beginning with the letter, ' S. '

## ANSWERS TO DED QUIZ:

1. The one sport in which neither the spectators nor the participants know the score or the leader until the contest ends: **Boxing.**
2. North American landmark constantly moving backward: **Niagara Falls.** (The rim is worn down about two and a half feet each year because of the millions of gallons of water that rush over it every minute.)
3. Only two vegetables that can live to produce on their own for several growing seasons: **Asparagus and rhubarb.**
4. The fruit with its seeds on the outside: **Strawberry.**
5. How did the pear get inside the brandy bottle? **It grew inside the bottle.** The bottles are placed over pear buds when they are small, and are wired in place on the tree. The bottle is left in place for the entire growing season. When the pears are ripe, they are snipped off at the stems.
6. Three English words beginning with dw: **Dwarf, dwell and dwindle**
7. Fourteen punctuation marks in English grammar: **Period, comma, colon, semicolon, dash, hyphen, apostrophe, question mark, and exclamation point, quotation mark, brackets, parenthesis, braces, and ellipses.**
8. The only vegetable or fruit never sold frozen, canned, processed: cooked, or in any other form but fresh: **Lettuce.**
9. Six or more things you can wear on your feet beginning with the letter, ' S ':  
**Shoes, socks, sandals, sneakers, slippers, skis, skates, snowshoe, stockings and stilts.**

## Buttery Cream Cheese Mints Recipe



WEDDINGS, BABY SHOWERS, PARTIES, TEAS AND LUNCHEONS. WHAT DO THESE EVENTS HAVE IN COMMON? THEY ALL NEED TO HAVE THESE MINTS ON THE TABLE OR IN CUTE LITTLE PACKAGES FOR GUESTS. THEY ARE BEYOND EASY TO MAKE AND REQUIRE NO COOKING OR BAKING.

### INGREDIENTS

- 1 - (3 ounce) package cream cheese, softened
- 1 - tablespoon butter, softened
- 3 - cups confectioners' sugar
- 2 - drops peppermint oil any color food coloring paste (optional)

### DIRECTIONS

- In a large bowl, combine cream cheese, butter, and confectioner's sugar.
- Mix in peppermint oil. Color as desired with food coloring paste, or leave white.
- Roll mixture into small balls, (use ½ teaspoon to measure) and place on waxed paper dusted with powdered sugar.
- Flatten with a fork dipped in confectioners' sugar or press into dusted candy mold.
- Let dry for about 2 hours on waxed paper, then freeze or refrigerate. *Freeze up to 3 mos.*

*Tip: use other flavor extracts like lemon, orange maple, etc.*



Upcoming Holidays:

February 10 - Chinese New Year

February 12 – Lincoln’s Birthday

February 13 – Ash Wednesday

February 14 - Valentine’s Day

February 22 – Washington’s  
Birthday

March 10 – Daylight Savings Time

March 17 - St. Patrick’s Day

March 20 – Spring Begins

March 24 – Palm Sunday

March 29 – Good Friday

March 31 – Easter

April 1 – April Fool’s Day

April 26 – Arbor Day

- VEDA -  
**WHO CAN  
PARTICIPATE?**



ANYONE CAN SIGN UP TO BE  
OUR VEDA PROGRAM.  
FAMILY (INCLUDING CHILDREN, NO AGE  
LIMIT).  
FRIENDS AND NEIGHBORS.  
LAW, INC. IS CONTINUALLY  
ACCEPTING MEMBERS IN THE  
TRUST ACCOUNT.

HOWEVER, IF YOU ARE NOT A MEMBER  
OF LAW, INC.,  
THERE IS AN AFFILIATE FEE OF \$24  
PER PERSON DUE JANUARY 1ST OF  
EVERY YEAR, ALONG WITH THE  
MONTHLY \$10 FEE.

**WANTED**

JOIN THE RANKS OF OTHER  
FELLOW LAW, INC. MEMBERS BY  
RECOMMENDING US TO A  
PROSPECTIVE  
LOCAL. IF THE NEW LOCAL  
BECOMES A MEMBER OF THE LAW  
FAMILY,  
YOU WILL RECEIVE A

**\$100 REWARD**

**3 REASONS SWEET POTATOES HELP YOU LOSE WEIGHT**

If your exposure to sweet potatoes is limited to the Thanksgiving table or your favorite diner's healthier french-fry option, now's the time to open your eyes to the weight-loss wonders of the tuber. Here are three reasons sweet potatoes help you drop pounds:

**They're naturally sweet:** No refined sugar overload here — sweet potatoes make for a healthy lower-calorie treat. Satisfy any morning sweet/salty cravings with these sweet potato breakfast biscuits and get your healthy dessert fill with these sweet potato desserts.

**They regulate blood sugar:** Sweet potatoes may have their fair share of carbs (about 33 grams per cup), but they contain a compound that increases levels of adiponectin, the blood-sugar-regulating hormone, in the body. Sweet potatoes have a relatively low glycemic index rating (50), which can also help prevent blood sugar spikes after you eat. Regulated blood sugar levels can help get rid of those sugary cravings you get when your levels dip. And while studies have been conflicting, some research has shown that low-glycemic foods stay in your digestive tract longer, helping you control your appetite. To maintain sweet potatoes' low-glycemic properties, boil or steam them instead of roasting them (which destroys some of these properties).

**They contain fiber:** High-fiber foods are another foolproof way to control hunger. Fiber helps you feel fuller for longer, and one medium sweet potato (about one cup) contains four grams of the nutrient.

Sweet potatoes don't just help you trim your waistline, however. They're powerful sources of vitamin A, which helps boost immunity and promotes good eye, skin, and bone health, as well as high levels of anti-inflammatory antioxidants. Regardless of whether you're trying to lose weight or not, sweet potatoes' seemingly super food status isn't a license to order all the sweet potato fries you want — a recent study found that those *deep-fried* sweet potato fries may not be as healthy as you think!

- Isn't it funny how red, white and blue represent freedom until it's in your rear view mirror...

- "No, Officer, I'm not drunk, I'm speaking in cursive!"

- Success is a little like wrestling a gorilla. You don't quit when you're tired. You quit when the gorilla is tired.